

**MAKING
LIVES
BETTER**

TEAM TALK

*MEETING THE PEOPLE
WHO MAKE LIVES BETTER*

Sam Dempsey

- Enjoys visiting Turkey
- Works with the Catering Team
- Loves the community feel at St Cuthbert's



The Best That We Can Be

**ST TERESA
of CALCUTTA**
Catholic Academy Trust



Meeting the People Who Make Lives Better



What's your perfect weekend?

My perfect weekend is simply spending quality time with my family and children whether we're out somewhere together or just relaxing at home, that's when I'm happiest.

Describe a moment in your current role that made you feel especially proud.

One of my proudest moments was when a student with very limited food options due to allergies told me it was the first time they felt truly included at lunchtime because we'd created something just for them.

What do you think makes your school a unique place to work or learn?

For me, it's the sense of community people look out for one another, and there's a real feeling that everyone wants the students to succeed.

If you could swap roles with anyone in the Trust for a day, who would it be and what would you hope to learn?

I'd swap with someone in the operations or facilities team to see how the school runs from their perspective and to understand how our catering work fits into the bigger picture.

What's something surprising about your job that most people wouldn't know?

Most people don't realise how much planning goes into every single day from balancing budgets to managing stock, dietary needs, and last-minute changes long before a single meal is served.

Do you have a favourite place you love to visit again and again?

Yes, Turkey. I love going back whenever I can, the atmosphere, the food, and the people always make it feel like a second home

If you could instantly learn a new skill to use in your role, what would it be?

I'd love to instantly master advanced data and analytics skills

In one sentence, how would you sum up what "Making Lives Better" means to you?

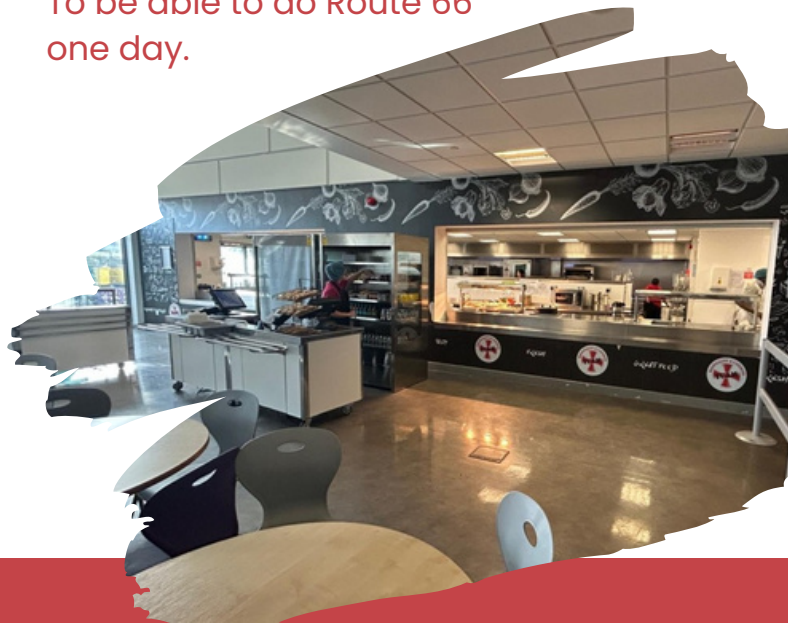
To me, "Making Lives Better" means creating meaningful opportunities for growth so every individual feels valued, empowered, and capable of achieving their best.

Which book, TV show or film do you recommend to everyone?

Top 3 films are, The Green Mile, Shawshank Redemption and Forrest Gump

What's one thing on your bucket list you still hope to tick off?

To be able to do Route 66 one day.



We hope you have enjoyed learning about a member of our Trust family who works so hard to Make Lives Matter. If you would like the opportunity to work with people like this, please visit our Trust website to learn more.



Learn More



If you have any questions, please do not hesitate to contact
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